# YORK COUNTY MEDICAL FOUNDATION

#### **Surgical Care**

The surgical team completed 17 surgical procedures during the 4 operative days in Chinguetti. Surgical procedures performed were removal of thyroid, laparoscopic removal of gallbladder, several hernia repairs, and breast cancer surgery.

#### Fine Needle Aspiration Biopsy

Humanitarian volunteer, Dr. Nancy Nagib, implemented the first Fine Needle Aspiration Biopsy Program in Mauritania.



#### **Mammography Program**

Breast cancer is one of the leading causes of death in Mauritania and the York County Medical Foundation was instrumental in implementing this life saving procedure.





### 2023 Humanitarian Medical Trip to Chinguetti, Mauritania

The York County Medical Foundation departed on January 20, 2023 to Chinguetti, Mauritania. The ten humanitarian volunteers were lead by Dr. Vasudevan Tiruchelvam and Dr. Nancy Nagib. The three objectives of the trip were to provide surgical care and the implementation of two new programs, Fine Needle Aspiration Biopsy and a screening mammography program. Additionally, education was provided for local nursing students and other health care providers.





## January 2024 Endoscopic Team Travels to Chinguetti, Mauritania

Colon cancer is one of the leading causes of death in Mauritania due to a lack of preventative surveillance.
Currently, there is only one endoscopy center in the Country offering colonoscopies, and is located in the capital.

The York County Medical Foundation is honored to take this life saving procedure to Mauritania and we couldn't have done it without the generosity of local organizations, sponsors, donors and fundraiser participants.

Thanks to you, we were able to raise \$60,000 to purchase the endoscopy equipment.

The York County Medical Foundation's endoscopic teaching and implementation team is scheduled to go to Mauritania in January 2024.

With Gratitude,

Dr. Tiru

#### 2023 and Fundraising Focus

Dr Tiruchelvam and the York County Medical Foundation Board of Directors are raising funds for suicide prevention education through two events. On September 17, 2023, Regents' Glen Country Club will host the annual golf event. The second event will be a cultural Indian Dance performance held on September 23, 2023 at Lancaster Country Day School. Information for both events can be found at yemf.org.

Unfortunately, York County has the highest number of suicides in the Commonwealth of Pennsylvania. It is imperative that we do what we can to help raise awareness and support organization's working with persons struggling with mental health issues and their families in an effort to reduce suicides in our community.

This year's beneficiary is Building Bridges for Brianna, a local non-profit organization. Building Bridges for Brianna promotes suicide awareness and prevention, funds suicide awareness and prevention programs, supports those in need dealing with mental health, and family support programs for families who have loved ones dealing with mental health issues.

